



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
INTERCLUB TEAMS OPEN & YOUTH: SERC
VENUE: SOUTH AUSTRALIA AQUATIC & LEISURE CENTRE
DATE: 26th November to 29th November
COMPETITION PROGRAMME

SUNDAY: 25 NOVEMBER

BRIEFING	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean at the Champs Hub, Glenelg

MONDAY: 26 NOVEMBER

BRIEFING	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean at the South Australia Aquatic and Leisure Centre. Note this will be held immediately after the SERC in the SAALC function room

OPEN & YOUTH POOL COMPETITION: SERC
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OPEN & YOUTH POOL COMPETITION SERC		
Time	Event	Type
07h20	Briefing: National Teams Youth and Open: SERC: Technical Officials at pool.	
08h30	Marshaling commences for Youth Teams	
08h45	Lockup commences for Youth Teams	
08h45	Preparation of pool	
09h00	SERC heats for Youth Teams	Heats
10h45	Break	
11h00	Marshaling commences for Open Teams	
11h30	Lockup commences for Open Teams	
11h45	Preparation of pool	
11h00	SERC for Open Teams	Heats
14h30	Break	
15h00	Marshaling commences for Youth Teams Final	
15h00	Lockup commences for Youth Teams	
15h15	Preparation of pool	
15h45	SERC Finals for Youth Teams	Final
16h45	Break	
17h00	Marshaling commences for Open Teams	
17h15	Lockup commences for Open Teams	
17h30	Preparation of pool	
17h45	SERC Final for Open Teams	Final
19h00	Victory Ceremony SERC Youth Teams	
19h15	Victory Ceremony SERC Open Teams	



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
INTERCLUB TEAMS OPEN: POOL
VENUE: SOUTH AUSTRALIA AQUATIC & LEASURE CENTRE
DATE: 27th November to 29th November
COMPETITION PROGRAMME

TUESDAY: 27 NOVEMBER

OPEN POOL COMPETITION: HEATS: DAY 1

Time	Gender	Event	Type
07h00	Warm-up		
07h30	Preparation of Pool		
07h30	Team Managers Briefing by Chief Referee at pool.		
07h45	Marshalling commences		
08h00	Female	200m Obstacle Swim	Heats
09h30	Male	200m Obstacle Swim	Heats
11h20	Preparation of Pool		
11h30	Female	Line Throw	Heats
12h15	Male	Line Throw	Heats
13h00	Preparation of Pool		
13h30	Female	4x50m Obstacle Relay	Heats
14h30	Male	4x50m Obstacle Relay	Heats

OPEN POOL COMPETITION: FINALS: DAY 1

Time	Gender	Event	Type
16h00	Pool set up		
16h30	Marshalling commences		
16h45	Female/Male	200m Obstacle Swim	B-A Finals
16h05	Preparation of Pool		
16h10	Female/Male	Line Throw	B- A Finals
16h40	Preparation of Pool		
16h45	Female/Male	4x50m Obstacle Relay	B- A Finals

OPEN VICTORY CEREMONY: DAY 1

Time	Event	Gender
17h00	Victory Ceremony 200m Obstacle Swim	Male/Female
17h10	Victory Ceremony Line Throw	Male/Female
17h20	Victory Ceremony 4x50m Obstacle Relay	Male/Female
17h30	End of day's proceedings	

WEDNESDAY: 28 NOVEMBER**OPEN POOL COMPETITION: HEATS: DAY 2**

Time	Gender	Event	Type
07h00	Warm-up		
07h30	Team Managers Briefing by Chief Referee at pool.		
07h45	Pool set up / Marshalling commences		
08h00	Female	50m Manikin Carry	Heats
09h00	Male	50m Manikin Carry	Heats
10h20	Female	100m Manikin Tow with Fins	Heats
11h30	Male	100m Manikin Tow with Fins	Heats
13h00	Female	100m Rescue Medley	Heats
13h40	Male	100m Rescue Medley	Heats
14h40	Female	4x25m Manikin Relay	Heats
15h00	Male	4x25m Manikin Relay	Heats
15h45	Mixed	4x50m Mixed Pool Lifesaver Relay	Heats

OPEN POOL COMPETITION: FINALS: DAY 2

Time	Gender	Event	Type
16h30	Warm-up		
16h45	Preparation of Pool		
16h45	Marshalling commences		
17h00	Female/Male	50m Manikin Carry	B-A Finals
17h25	Preparation of Pool		
17h30	Female/Male	100m Manikin Tow with Fins	B-A Finals
17h55	Preparation of Pool		
18h00	Female/Male	100m Rescue Medley	B-A Finals
18h25	Preparation of Pool		
18h30	Female/Male	4x25m Manikin Relay	B-A Finals
18h50	Preparation of Pool		
19h10	Mixed	4x50m Mixed Pool Lifesaver Relay	B-A Finals

OPEN VICTORY CEREMON: DAY 2

Time	Event	Gender
19h30	Victory Ceremony 50m Manikin Carry	Female/Male
19h35	Victory Ceremony 100m Manikin Tow with Fins	Female/Male
19h40	Victory Ceremony 100m Rescue Medley	Female/Male
19h45	Victory Ceremony 4x25m Manikin Carry Relay	Female/Male
19h55	4x50m Mixed Pool Lifesaver Relay	Mixed
20h00	End of day's proceedings	

THURSDAY: 29 NOVEMBER**OPEN POOL COMPETITION: HEATS: DAY 3**

Time	Gender	Event	Type
07h00	Warm-up		

Time	Gender	Event	Type
07h30	Team Managers Briefing by Chief Referee at pool.		
07h45	Pool set up / Marshalling commences		
08h00	Female	100m Manikin Carry with Fins	Heats
09h20	Male	100m Manikin Carry with Fins	Heats
11h50	Preparation of Pool		
12h00	Female	200m Super Lifesaver	Heats
13h20	Male	200m Super Lifesaver	Heats
14h50	Preparation of Pool		
15h00	Female	4x50m Medley Relay	Heats
15h30	Male	4x50m Medley Relay	Heats

OPEN POOL COMPETITION: FINALS: DAY 3

Time	Gender	Event	Type
16h00	Warm-up		
16h45	Pool set up / Marshalling commences		
17h00	Female/Male	100m Manikin Carry with Fins	B-A Finals
17h25	Preparation of Pool		
17h30	Female/Male	200m Super Lifesaver	B-A Finals
17h55	Preparation of Pool		
18h00	Female/Male	4x50m Medley Relay	B-A Finals

OPEN VICTORY CEREMONY: DAY 3

Time	Event	Gender
18h30	Victory Ceremony 100m Manikin Carry with Fins	Female/Male
18h40	Victory Ceremony 200m Super Lifesaver	Female/Male
18h50	Victory Ceremony 4x50m Medley Relay	Female/Male
19h00	Victory Ceremony Grand Aggregate Pool Events	
19h10	End of day's proceedings	

Notes:

1. *Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.*
2. *This is a draft programme and subject to change. The programme will be finalized once entries for Lifesaving World Championships Adelaide 2018 have closed.*



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018

INTERCLUB TEAMS YOUTH: POOL

VENUE: SOUTH AUSTRALIA AQUATIC & LEASURE CENTRE

DATE: 30th November, 1st and 2nd December

COMPETITION PROGRAMME

SUNDAY: 25 NOVEMBER

BRIEFING

18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean at the Champs Hub, Glenelg
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MONDAY: 26 NOVEMBER

BRIEFING

18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean at the South Australia Aquatic and Leisure Centre. Note this will be held immediately after the SERC in the SAALC function room
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FRIDAY: 30 NOVEMBER

YOUTH POOL COMPETITION: HEATS: DAY 1

Time	Gender	Event	Type
07h00		Warm-up	
07h30		Preparation of Pool	
07h30		Team Managers Briefing by Chief Referee at pool.	
07h45		Marshalling commences	
08h00	Female	200m Obstacle Swim	Heats
09h00	Male	200m Obstacle Swim	Heats
10h00		Preparation of Pool	
10h15	Female	Line Throw	Heats
10h45	Male	Line Throw	Heats
11h15		Preparation of Pool	
12h00	Female	4x50m Obstacle Relay	Heats
12h30	Male	4x50m Obstacle Relay	Heats

YOUTH POOL COMPETITION: FINALS: DAY 1

Time	Gender	Event	Type
14h00		Pool set up	
14h30		Marshalling commences	
14h45	Female/Male	200m Obstacle Swim	B-A Finals
14h05		Preparation of Pool	
14h10	Female/Male	Line Throw	B- A Finals

14h40	Preparation of Pool		
14h45	Female/Male	4x50m Obstacle Relay	B- A Finals

YOUTH VICTORY CEREMONY: DAY 1		
Time	Event	Gender
15h00	Victory Ceremony 200m Obstacle Swim	Male/Female
15h10	Victory Ceremony Line Throw	Male/Female
15h20	Victory Ceremony 4x50m Obstacle Relay	Male/Female
15h30	End of day's proceedings	

SATURDAY: 1 DECEMBER

YOUTH POOL COMPETITION: HEATS: DAY 2

Time	Gender	Event	Type
07h00	Warm-up		
07h30	Team Managers Briefing by Chief Referee at pool.		
07h45	Pool set up / Marshalling commences		
08h00	Female	50m Manikin Carry	Heats
09h00	Male	50m Manikin Carry	Heats
10h00	Female	100m Manikin Tow with Fins	Heats
11h00	Male	100m Manikin Tow with Fins	Heats
12h00	Female	100m Rescue Medley	Heats
13h00	Male	100m Rescue Medley	Heats
14h00	Female	4x25m Manikin Relay	Heats
14h30	Male	4x25m Manikin Relay	Heats
15h00	Mixed	4x50m Mixed Pool Lifesaver Relay	Heats

YOUTH POOL COMPETITION: FINALS: DAY 2

Time	Gender	Event	Type
15h30	Warm-up		
15h45	Preparation of Pool		
15h45	Marshalling commences		
16h00	Female/Male	50m Manikin Carry	B-A Finals
16h25	Preparation of Pool		
16h30	Female/Male	100m Manikin Tow with Fins	B-A Finals
16h55	Preparation of Pool		
17h00	Female/Male	100m Rescue Medley	B-A Finals
17h25	Preparation of Pool		
17h30	Female/Male	4x25m Manikin Relay	B-A Finals
17h50	Preparation of Pool		
17h10	Mixed	4x50m Mixed Pool Lifesaver Relay	B-A Finals

YOUTH VICTORY CEREMONY: DAY 2		
Time	Event	Gender
17h30	Victory Ceremony 50m Manikin Carry	Female/Male

YOUTH VICTORY CEREMONY: DAY 2		
Time	Event	Gender
17h35	Victory Ceremony 100m Manikin Tow with Fins	Female/Male
17h40	Victory Ceremony 100m Rescue Medley	Female/Male
17h45	Victory Ceremony 4x25m Manikin Carry Relay	Female/Male
17h55	4x50m Mixed Pool Lifesaver Relay	Mixed
18h00	End of day's proceedings	

SUNDAY: 2 DECEMBER

YOUTH POOL COMPETITION: HEATS: DAY 3

Time	Gender	Event	Type
07h00	Warm-up		
07h30	Team Managers Briefing by Chief Referee at pool.		
07h45	Pool set up / Marshalling commences		
08h00	Female	100m Manikin Carry with Fins	Heats
09h00	Male	100m Manikin Carry with Fins	Heats
10h00	Preparation of Pool		
10h15	Female	200m Super Lifesaver	Heats
11h20	Male	200m Super Lifesaver	Heats
12h20	Preparation of Pool		
12h30	Female	4x50m Medley Relay	Heats
13h00	Male	4x50m Medley Relay	Heats

YOUTH POOL COMPETITION: FINALS: DAY 3

Time	Gender	Event	Type
14h00	Warm-up		
14h45	Pool set up / Marshalling commences		
15h00	Female/Male	100m Manikin Carry with Fins	B-A Finals
15h25	Preparation of Pool		
15h30	Female/Male	200m Super Lifesaver	B-A Finals
15h55	Preparation of Pool		
16h00	Female/Male	4x50m Medley Relay	B-A Finals

YOUTH VICTORY CEREMONY: DAY 3

Time	Event	Gender
16h30	Victory Ceremony 100m Manikin Carry with Fins	Female/Male
16h40	Victory Ceremony 200m Super Lifesaver	Female/Male
16h50	Victory Ceremony 4x50m Medley Relay	Female/Male
17h00	Victory Ceremony Grand Aggregate Pool Events	
17h10	End of day's proceedings	

Notes:

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