



**LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018**  
**INTERCLUB TEAMS YOUTH: OCEAN AND BEACH EVENTS**

**VENUE: GLENELG BEACH**  
**DATE: 27<sup>th</sup> November to 29<sup>th</sup> November**  
**COMPETITION PROGRAMME**

**SUNDAY: 25 NOVEMBER**

<b>BRIEFING</b>	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean: the Champs Hub

**MONDAY: 26 NOVEMBER**

<b>BRIEFING</b>	
16h00 – 17h00	Briefing: InterClub: Technical Officials Open and Youth Ocean: the Champs Hub

**TUESDAY: 27 NOVEMBER**

High tide: 06h58 & 19h36; Low tide: 00h30 & 13h51  
 Sunrise: 04h56; Sunset: 19h11

**YOUTH OCEAN AND BEACH COMPETITION: DAY 1**

**ARENA 1 & 2: MEN: DAY 1 - HEATS**

Time	Event	Gender	Type
07h00	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2 km Beach Run (Open-Championships event)	Male	Heats & Final
	Board Race	Male	Heats & QF & SF
	Board Rescue	Male	Heats & QF & SF
	Rescue Tube Rescue	Male	Heats & QF & SF
	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena
	Beach Relay	Male	Heats & QF & SF

**ARENA 3 & 4: WOMEN: DAY 1 - HEATS**

Time	Event	Gender	Type
07h00	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2 km Beach Run (Open-Championships event)	Female	Heats & Final
09h00	Beach Relay	Female	Heats & QF & SF
	Surf Ski Race	Female	Heats & QF & SF
	Rescue Tube Rescue	Female	Heats & QF & SF
	Board Rescue	Female	Heats & QF & SF
	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

<b>OCEAN AND BEACH COMPETITION: DAY 1 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
15h00	Surf Ski Race	Female	Final
	Board Race	Male	Final
	Rescue Tube Rescue	Female	B & A Final
	Rescue Tube Rescue	Male	B & A Final
	Board Rescue	Female	B & A Final
	Board Rescue	Male	B & A Final
	Beach Relay	Female	B & A Final
	Beach Relay	Male	B & A Final

<b>VICTORY CEREMONY: DAY 1</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
18h00	<b>Victory Ceremony 2 km Beach Run</b>	Female & Male
	<b>Victory Ceremony Surf Ski Race</b>	Female
	<b>Victory Ceremony Board Race</b>	Male
	<b>Victory Ceremony Rescue Tube Rescue</b>	Female & Male
	<b>Victory Ceremony Board Rescue</b>	Female & Male
	<b>Victory Ceremony Beach Relay</b>	Female & Male
19h00	<b>End of competition day</b>	

**WEDSDAY: 28 NOVEMBER**

High tide: 07h24 & 19h58; Low tide: 00h51 & 14h17  
Sunrise: 04h56; Sunset: 19h12

<b>YOUTH OCEAN AND BEACH COMPETITION: DAY 2</b>
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<b>ARENA 1 &amp; 2: MEN: DAY 2 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
07h00	Warm-up		
07h30	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open-Championships event)	Male	Heats, & Final
	Surf Ski Race	Male	Heats & QF & SF
	Surf Race	Male	Heats & QF & SF
	Oceanman Relay	Male	Heats & QF & SF
	Beach Sprint	Male	Heats & QF & SF

<b>ARENA 3 &amp; 4: WOMEN: DAY 2 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
07h00	Warm-up		
07h30	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open -Championships event)	Female	Heats & Final
	Beach Sprint	Female	Heats & QF & SF
	Board Race	Female	Heats & QF & SF
	Surf Race	Female	Heats & QF & SF
	Oceanwoman Relay	Female	Heats & QF & SF

<b>OCEAN AND BEACH COMPETITION: DAY 2 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
	Board Race	Female	Final
	Surf Ski Race	Male	Final
	Surf Race	Female	Final
	Surf Race	Male	Final
	Oceanwoman Relay	Female	Final
	Oceanman Relay	Male	Final
	Beach Sprint	Female	B & A Final
	Beach Sprint	Male	B & A Final

<b>VICTORY CEREMONY: DAY 2</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
18h30	<b>Victory Ceremony 2x 1km Beach Run Relay</b>	Female & Male
	<b>Victory Ceremony Board Race</b>	Female
	<b>Victory Ceremony Surf Ski Race</b>	Male
	<b>Victory Ceremony Surf Race</b>	Female & Male
	<b>Victory Ceremony Beach Sprint</b>	Female & Male
	<b>Victory Ceremony Oceanman/woman Relay</b>	Female & Male
	<b>End of competition day</b>	

**THURSDAY: 29 NOVEMBER**

High tide: 07h50 & 20h21; Low tide: 01h10 & 14h40  
Sunrise: 04h56; Sunset: 19h12

<b>YOUTH OCEAN AND BEACH COMPETITION</b>
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<b>ARENA 1 &amp; 2: MEN: DAY 3 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
08h00	Warm-up		
08h30	Team Managers briefing by Chief Referee on beach		
	Marshalling commence		
	Ocean Man	Male	Heats & QF & SF
	Beach Flags	Male	Heats & QF & SF

<b>ARENA 3 &amp; 4: WOMEN: DAY 3 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
08h00	Warm-up		
08h30	Team Managers briefing by Chief Referee on beach		
08h45	Marshalling commence		
	Oceanwoman	Female	Heats & QF & SF
	Beach Flags	Female	Heats & QF & SF

<b>OCEAN AND BEACH COMPETITION: DAY 3 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
14h00	Oceanwoman	Female	Final
	Oceanman	Male	Final
	Mixed Lifesaver Relay	Mixed	Final
	Beach Flags	Female	Final
	Beach Flags	Male	Final

<b>YOUTH VICTORY CEREMONY: DAY 3</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
16h00	<b>Victory Ceremony Oceanman/woman</b>	Female & Male
	<b>Victory Ceremony Beach Flags</b>	Female & Male
	<b>Victory Ceremony Mixed Lifesaver Relay</b>	Mixed
	<b>Victory Ceremony Grand Aggregate Ocean Events</b>	
	<b>End of proceedings</b>	

**Note:**

1. *Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.*
2. *This is a draft programme and subject to change. The programme will be finalized once entries for Lifesaving World Championships Adelaide 2018 have closed.*



**LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018**  
**INTERCLUB TEAMS OPEN: OCEAN AND BEACH EVENTS**

**VENUE: GLENELG BEACH**

**DATE: 30<sup>th</sup> November & 1<sup>st</sup> and 2<sup>nd</sup> December**

**COMPETITION PROGRAMME**

**SUNDAY: 25 NOVEMBER**

<b>BRIEFING</b>	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean: the Champs Hub

**MONDAY: 26 NOVEMBER**

<b>BRIEFING</b>	
16h00 – 17h00	Briefing: InterClub: Technical Officials Open and Youth Ocean: the Champs Hub

**FRIDAY: 30 NOVEMBER**

High tide: 08h17 & 19h36; Low tide: 01h33 & 15h05  
 Sunrise: 04h56; Sunset: 19h13

**OPEN OCEAN AND BEACH COMPETITION: DAY 1**

<b>ARENA 1 &amp; 2: MEN: DAY 1 - HEATS</b>			
Time	Event	Gender	Type
07h00	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2 km Beach Run (Open -Championships event)	Male	Heats & QF & SF
	Board Race	Male	Heats & QF & SF
	Board Rescue	Male	Heats & QF & SF
	Rescue Tube Rescue	Male	Heats & QF & SF
	Beach Relay	Male	Heats & QF & SF
	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

<b>ARENA 3 &amp; 4: WOMEN: DAY 1 - HEATS</b>			
Time	Event	Gender	Type
07h00	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2 km Beach Run (Open-Championships event)	Female	Heats & QF & SF
	Beach Relay	Female	Heats & QF & SF
	Surf Ski Race	Female	Heats & QF & SF
	Rescue Tube Rescue	Female	Heats & QF & SF
	Board Rescue	Female	Heats & QF & SF
	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

<b>OCEAN AND BEACH COMPETITION: DAY 1 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
16h00	Surf Ski Race	Female	Final
	Board Race	Male	Final
	Rescue Tube Rescue	Female	B & A Final
	Rescue Tube Rescue	Male	B & A Final
	Board Rescue	Female	B & A Final
	Board Rescue	Male	B & A Final
	Beach Relay	Female	B & A Final
	Beach Relay	Male	B & A Final

<b>VICTORY CEREMONY: DAY 1</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
18h30	<b>Victory Ceremony 2km Beach Run</b>	Female & Male
	<b>Victory Ceremony Surf Ski Race</b>	Female
	<b>Victory Ceremony Board Race</b>	Male
	<b>Victory Ceremony Rescue Tube Rescue</b>	Female & Male
	<b>Victory Ceremony Board Rescue</b>	Female & Male
	<b>Victory Ceremony Beach Relay</b>	Female & Male
	<b>End of competition day</b>	

**SATURDAY: 1 DECEMBER**

High tide: 06h58 & 19h36; Low tide: 00h30 & 13h51  
Sunrise: 04h55; Sunset: 19h14

<b>OPEN OCEAN AND BEACH COMPETITION: DAY 2</b>
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<b>ARENA 1 &amp; 2: MEN: DAY 2 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
07h00	Warm-up		
07h30	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open-Championships event)	Male	Heats, & Final
	Oceanman	Male	Heats & QF & SF
	Ski Race	Male	Heats & QF & SF
	Surf Race	Male	Heats & QF & SF
	Oceanman Relay	Male	Heats & QF & SF
	Beach Sprint	Male	Heats & QF & SF

<b>ARENA 3 &amp; 4: WOMEN: DAY 2 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
07h00	Warm-up		
07h30	Team Managers briefing by Chief Referee on beach		
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open-Championships event)	Female	Heats & Final
	Oceanwoman	Male	Heats & QF & SF
	Board Race	Female	Heats & QF & SF
	Surf Race	Female	Heats & QF & SF
	Oceanwoman Relay	Female	Heats & QF & SF
	Beach Sprint	Female	Heats & QF & SF

<b>OCEAN AND BEACH COMPETITION: DAY 2 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
17h00	Surf Race	Female	Final
	Surf Race	Male	Final
	Oceanwoman Relay	Female	Final
	Oceanman Relay	Male	Final
	Beach Sprint	Female	B & A Final
	Beach Sprint	Male	B & A Final

<b>OPEN VICTORY CEREMONY: DAY 2</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
19h00	<b>Victory Ceremony 2x1km Beach Run Relay</b>	Female & Male
	<b>Victory Ceremony Surf Race</b>	Female & Male
	<b>Victory Ceremony Oceanman/woman Relay</b>	Female & Male
	<b>Victory Ceremony Beach Sprint</b>	Female & Male
	<b>End of competition day</b>	

**SUNDAY: 2 DECEMBER**

High tide: 08h47 & 21h16; Low tide: 02h02 & 15h45  
Sunrise: 04h55; Sunset: 19h15

<b>OPEN OCEAN AND BEACH COMPETITION: DAY 3</b>
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<b>ARENA 1 &amp; 2: MEN: DAY 3 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
08h00	Warm-up		
08h30	Team Managers briefing by Chief Referee on beach		
08h45	Marshalling commence		
11h30	Beach Flags	Male	Heats & QF & SF

<b>ARENA 3 &amp; 4: WOMEN: DAY 3 - HEATS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
08h00	Warm-up		
08h30	Team Managers briefing by Chief Referee on beach		
08h45	Marshalling commence		
10h30	Beach Flags	Female	Heats & QF & SF

<b>OCEAN AND BEACH COMPETITION: DAY 3 - FINALS</b>			
<b>Time</b>	<b>Event</b>	<b>Gender</b>	<b>Type</b>
09h00	Oceanwoman	Female	Final – 3 round eliminator format
	Oceanman	Male	
1	Mixed Ocean Lifesaver Relay	Mixed	Final
Note: Final will break for Flags heats and commence at 14h00			
14h00	Board Race	Female	Final
	Surf Ski Race	Male	Final
	Beach Flags	Female	Final
	Beach Flags	Male	Final

<b>OPEN VICTORY CEREMONY: DAY 3</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
15h30	<b>Victory Ceremony Oceanman/woman</b>	Female & Male
	<b>Victory Ceremony Mixed Ocean Lifesaver Relay</b>	Mixed
	<b>Victory Ceremony Board Race</b>	Female
	<b>Victory Ceremony Surf Ski Race</b>	Male
	<b>Victory Ceremony Beach Flags</b>	Female & Male
	<b>Victory Ceremony Grand Aggregate Ocean Events</b>	
	<b>End of proceedings</b>	

**Note:**

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